



LARKRISE PRIMARY SCHOOL

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Headteacher: Ms Katie Allen

Learning Together - Achieving Excellence

Dear Families

This week it feels like winter has arrived – brrrrr. Can I encourage all children to come in with coats now please. We don't want children absent due to being cold at breaktime and lunchtime!

Teachers have been working hard to assess the children in their reading, writing and maths over the last few weeks. This will help inform us ready for your meetings with the teachers the week after next, but also help us to adapt our teaching to meet the needs of the children in front of us.

A reminder to sign up for Parent's evening on either Tuesday 20th October or Thursday 22nd October. This should all be live and available to do now.

ARBOR REMINDER

We would like to ask you all to have a look at your personal details on Arbor to check that they are up to date. Please check your telephone numbers and email addresses, as well as those listed who we can call and those who can collect your child. If you do make any amendments, please email the school office on admin@larkrise.essex.sch.uk as well so that we know this has been changed.

If you have any specific requirements regarding who cannot collect your child(ren), court orders etc, it would be good to have that information fresh for the start of this year too, even if you think we have that information already. Please email this in to admin@larkrise.essex.sch.uk at your earliest convenience or drop into the school office to let the office staff know. This information **MUST** come to the school office and not via the class teacher please.

Attendance

Regular school attendance is important not only for your child's academic progress but also for their social and emotional development. Primary school provides daily opportunities to build friendships, develop social skills, learn to work cooperatively with others and feel part of a class community. When children regularly miss school, they can miss out on these important experiences and may find it increasingly difficult to maintain friendships, develop confidence and feel connected to their peers. We want to ensure that your child has every opportunity to develop these skills and feel a valued part of our school community.

We have had a lot of children absent over the last few weeks. It is very important that your child attends school as missed learning impacts their attainment and learning. Sometimes it might be that your child has a bit of a cold or a bit of a cough but they are well enough to come to school. If you are unsure, please have a look at the following guidance from the NHS.

[Is my child too ill for school? - NHS](#)

I will be having conversations with families over the coming weeks regarding their child's attendance, particularly if it is falling below the 90% mark, and, sadly, too many children are.

Is my child too ill for school?

Does your child have a high temperature (38°C or more)?

YES Keep them off school until it goes away.

NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	Cold sores Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	Impetigo They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	Ear infection If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	Conjunctivitis Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	Ringworm See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	Measles They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	Scarlet fever They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	Vomiting & diarrhoea Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	Chickenpox Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or www.NHS.uk for the specific illness or infection.

Activate Windows
Go to Settings to activate Windows.

School Photographs

Anyone that needs a haircut, here is your early warning! School photos will be on Monday 19th October. If you wish to have photos with siblings not attending Larkrise, you are welcome to bring the sibling in from 8.15am. Otherwise Larkrise siblings will have their photos when scheduled throughout the day or individually. Please make sure children wear full school uniform.

School Uniform

Just a reminder:

It is our school policy that all children wear school uniform when attending school, or when participating in a school-organised event outside normal school hours.

Uniform Details

AUTUMN/WINTER

- White shirt/blouse for Y1 – Y6/White polo shirt for Reception children
- Larkrise tie for Y1 – Y6 (available from One Stop School Gear)
- Grey/Black trousers/shorts (boys or girls) and grey or black socks (Reception children can wear black jogging bottoms)
- Grey/Black school skirt/pinafore (for girls) and charcoal grey/ black woollen tights or ¾ length charcoal grey, black or white socks (Reception children can wear black jogging bottoms)
- Blue jumper or cardigan with optional school logo on (which is available from One Stop School Gear)
- Blue and white gingham dresses in the summer term or when the weather is particularly warm in Autumn

*NB. Trousers and shorts worn in school for uniform must be appropriate uniform style material and 'cut', i.e. tailored style, **not** sportswear or fashion styles.*

All uniform items can be purchased from One Stop School Gear, however items of school uniform can also be purchased at local supermarkets, or high street shops, meaning they can be much more affordable for families. The logo'd uniform, especially the jumper, is a popular choice but is not compulsory.

'The Hive' has a pre-loved uniform shop. Contact our Child and Family support worker or come to a drop-in to find out what's there.

PE KIT

Black plimsolls or plain trainers (trainers for outside use and for sporting competitions)

- Blue PE shorts
- White T-shirt with optional logo on (which is available from One Stop School Shop)
- Black/dark coloured, plain tracksuit for the winter months (for outside use)

The PE kit should be brought to school on a Monday morning and may be taken home on Friday afternoon. Alternatively, kit can be left in school and will be sent home at the end of a half term.

I have had to speak to several children this week who have not had their PE kit in. PE is a very important part of our curriculum and should not be missed. Please ensure PE kit is in every week. No PE kit for a period of time will incur consequences.

All items of clothing – including shoes and ties – should be clearly marked with the child's name. We have already accrued an amount of 'lost property' which we get rid of at the end of every half term. PLEASE label your children's clothing!!!!!!

OPAL

Please send in anything you think might be suitable for the children to play with on our playground – old suitcases, old bikes/scooters, any tyres, piping etc We are collecting so that we can start as soon as possible. We have an audit on 21st September with OPAL so hopefully things will move quite quickly after that. The staff had training in the INSET days before we returned to school and they are all very keen and excited to get started!

DIARY DATES

16th October	EYFS WOW Day – What is Autumn?
19th October	School photographs
W/B 19.10.26: Tuesday 20th October from 3.30pm Thursday 22nd October from 3.30pm	Parent/Teacher consultations
20th October	Y4 WOW Day – Animation afternoon
20th October	Y2 WOW Day – Fire of London houses
21st October	Y6 WOW Day – WW2
HALF TERM – 26th – 30th October	
6th November	Y3 WOW Day – Making pinch pots
26th November	EYFS WOW Day – Happy Birthday Robbie!
2nd December	Y6 WOW Day – Christmas Decs
4th December	Y4 WOW Day – All things Greek
11th December	Y1 WOW Day - Christmas
11th December	Y2 WOW Day – Lonely beasts Party



FOLS EVENTS



2026/27



DATES FOR THE DIARY

Thursday 24 September 2026	Meet the FOLS Team Meet in The Hive, Larkrise Primary School - 2:30 Everyone welcome
Friday 9 October 2026	TTRS - Temporary Tattoos Temporary Rock Star Tattoos - £1
Friday 16 October 2026	Autumn Disco Disco 1 - EYFS - Year 2 Disco 2 - Year 3 - Year 6 after school - more details to follow
Friday 23 October 2026	Halloween Tattoos Temporary Halloween Tattoos - £1
Friday 23 October 2026	FOLS Non Uniform Day Rainbow Raffle items instead of £1 donation - more details to follow
TBC December 2026	FOLS XMAS CAFE Games, stalls and Rainbow Raffle After school - more details to follow
TBC December 2026	Xmas Jumper and PJ Sale After school in the Happiness Garden - donations welcome - more info to follow
TBC	AGM Details to follow

FOLS Team

Thank you to everyone who has purchased tattoos.

The children really do enjoy coming to the tattoo shop.

Disco tickets are set up on Classlist and reply slips for the disco if paying cash have been sent home with the children.

We will be looking for parent volunteers to help us with the 2 discos. Please do get in contact asap if you are able to help out. Many thanks.

Please see the Classlist link if you are not signed up yet. All our events are advertised on here and you can purchase tickets here too

<https://classlist.page.link/CmMMdA6uNwwuEtR5>

We are trying to raise funds to purchase new Laptops / Ipads for the school.

If anyone has any fundraising ideas for the children/school, would like to join FOLS or you have any questions, we are more than happy to help. Please do get in contact with FOLS on the following email - familiesoflarkrise@hotmail.com or message us on our Facebook page - Families and friends of Larkrise Primary School or alternatively, look out for us on the KS2 playground.

All of this is not possible without everyone coming together as a community.

Many thanks

The FOLs Team



	Monday	Tuesday	Wednesday	Thursday	Friday
9 -10 am	Pre-loved uniform shop open (Cash only)	Pre-loved uniform shop open (Cash only)	Pre-loved uniform shop open (Cash only)	Pre-loved uniform shop open (Cash only)	
10 – 12am	Mel available for 1:1 conversations	Mel available for 1:1 conversations	Mel available for 1:1 conversations	Mel available for 1:1 conversations	
1 – 4pm	Mel available for 1:1 conversations	Mel available for 1:1 conversations	Mel available for 1:1 conversations	Mel available for 1:1 conversations	

1:1 conversations – I am always happy to talk to parents 1:1. Where possible, can you text me for 1:1 conversations so I can ensure my availability, however, if something unexpected has happened and you need to talk about it on the day, please don't hesitate to contact me.

Mel Pointon, Child and Family Support Worker, will be available in 'The Hive,' our parent hub which is in the bungalow situated on the school driveway, every Monday, Wednesday and Thursday to meet with parents and carers. This is also where our pre-loved uniform is available for a small fee. Please feel free to go across on any of these days and Mel will help you out. Mel can also issue food bank vouchers should you need them. Mel can also be contacted on 079562111932.

Philosophy for children

Our 'P4C question of the week' that we'd like you and your children to discuss is this:

'Would you rather eat crisps forever, or eat chocolate forever?'

The important thing to ask is 'why?' Do let us know what you and your children discuss.

Family Fridays

Parents and carers are welcome to come into school at 8.40am **every Friday**, alongside their child, to read in their classroom. We will do this **EVERY Friday** so please do come along and join in. If children see us working together, they will do so much better in their learning! Please do come in, if only for 10 minutes! Younger siblings are welcome to come too as long as you keep them close to you whilst reading. We ask you all to have left the classroom by 9am so the children can then proceed with their class learning. Than kyou to all those who

Attendance News

Attendance was a reason that Larkrise did not reach the 'outstanding' grade from Ofsted. There are too many families who fall under the 90% attendance bracket and are so deemed to be 'persistently absent'. Children should be attending school every day. Your child can only miss school if they are too ill to attend or school have given advance permission. Can you please ensure you contact the school office to explain any absence from your child **on the day they are going to be absent before 9am**. The national attendance target is **95%** and we would really like to achieve that this year.

Reception – 95%

Year 1 – 86%

Year 2 – 94%

Year 3 – 90%

Year 4 – 89%

Year 5 – 89%

Year 6 –86%

STARS of the WEEK:

Reception - Ivy, Frankie

Year 1 – Rosanna, Annabelle

Year 2 – Poppy, Aadhya

Year 3 – Imogen, Gabriella

Year 4 – Fred, Zara

Year 5 – Levi, Lewis

Year 6 – Daisy, Alia

MATHEMATICIANS:

Year 1 – Enoch

Year 2 – Irina

Year 3 – Charlie

Year 4 – Buster

Year 5 – Harley

Year 6 – Amelia

Have a lovely, restful weekend.

Ms Allen

Headteacher

Larkrise Primary School



**FOLS INVITES THE CHILDREN
OF LARKRISE PRIMARY
SCHOOL TO THE**

Autumn Disco



FRIDAY 16 OCTOBER 2026

**£3.50 per child includes snack & drinks
(Bring Your Own Drinks Bottle)**

EYFS & KS1 3:15PM - 4PM

Bring disco outfits or dress up to school in the morning

KS2 4:15PM - 5:15PM

Come dressed in your disco outfit or dress up

All children MUST be collected by an adult from both discos

Music, fun and games



**Book & pay for tickets on Classlist or return payments
& reply slips to the office or a FOLS member
by Tuesday 13 October.**

Any questions please ask. Many Thanks

