

# **Larkrise Primary School**



## **Personal, Social, Health and Emotional Education (PHSE) & Citizenship Policy**

**Adopted: Summer 2025**  
**Review: Summer 2028**

*Achieve Excellence*

## **POLICY FOR PSHE and Citizenship**

### **INTENT**

At Larkrise Primary School, we help all children to develop an understanding of the place that they hold in society and in groups within society such as families, school, clubs etc. PSHE is at the heart of everything we do at Larkrise. We aim to enable children to understand their own bodies and how to keep safe and healthy and to encourage a growing sense of self-worth and self-responsibility towards keeping themselves safe and healthy and to build meaningful and happy relationships with others within these groups.

We use The Jigsaw scheme of work and we make meaningful links with other subjects of the curriculum.

We teach children about their rights and responsibilities.

We encourage our pupils to play a positive role in contributing to the life of the school and the wider community through participation in activities inside and outside of school and jobs in the classroom. Through this, they learn to appreciate what it means to be a positive member of a diverse and multicultural society.

Our objectives in the teaching of PSHE and citizenship are;

- to know and understand what is meant by a healthy lifestyle and to make healthy choices relating to food choices, exercise and screen time.
- to be increasingly aware of potential dangers and risks they may encounter and how to keep themselves safe.
- to understand how to build and maintain good relationships with others and how to resolve conflict where it may arise.
- to have and show respect for others.
- to be thoughtful and responsible members of their community and their school.
- to become active members of our democratic society.
- to develop self-confidence, resilience and self-esteem.
- to make informed and responsible choices regarding personal and social issues.
- to develop good relationships with other members of the community.

### **IMPLEMENTATION**

We follow the JIGSAW Scheme of Work from EYFS to Year 6.

We use a range of teaching and learning styles. We emphasise active learning by including the children in both small and whole class discussions, investigations and problem-solving activities.

We encourage the children to take part in a range of tasks that promote active citizenship, e.g. charity fundraising, the planning of special school events through School Council or involvement in helping other individuals or groups less fortunate than themselves. Pupils are encouraged and able, through discussion, to set agreed classroom rules of behaviour, and resolve any conflicts. We offer children the opportunity to hear visiting speakers such as health workers, police, fire brigade and members of the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community.

### **PSHE and Citizenship**

We teach PSHE and citizenship in a variety of ways. We teach a PSHE Jigsaw lesson weekly, but we also teach PSHE and citizenship as a discrete subject. On other occasions, we introduce PSHE and citizenship topics through teaching in other subjects. Our RE curriculum also covers a considerable amount of the PSHE and citizenship curriculum, by giving the children the opportunity to explore different viewpoints and develop their skills to express their own ideas and views. PSHE is at the heart of everything we do at Larkrise and we address issues that arise in class, the playground or even on the news as they appear. We also offer a residential visit in Key Stage 2, where there is a particular focus on developing pupils' self-esteem, and giving them opportunities to develop leadership skills and positive group work.

## **EYFS**

In Reception as an integral part of our daily teaching. Our teaching in PSHE and citizenship matches the aim of developing a child's personal, emotional and social development as set out in the ELGs. We also support citizenship education in Reception, when we teach 'how to develop a child's knowledge and understanding of the world'. In EYFS we also teach a weekly Jigsaw session.

## **SEND and inclusion**

We teach PSHE and citizenship to all children, regardless of their ability. We aim to provide learning opportunities matched to the individual needs of children. When teaching PSHE and citizenship, teachers take into account the targets set for the children in their One Plans, of which some targets may be directly related to PSHE and citizenship targets.

For gifted and talented pupils, teachers try to provide additional opportunities to take responsibility, develop leadership skills, think creatively and use their talents for the good of the class or the wider community.

## **IMPACT**

We assess the children's work in PSHE and citizenship both by making informal judgements, as they observe them during lessons, and through formal assessments of the work done, gauging it against the specific learning objectives set out in The Jigsaw Programme. We have clear expectations of what the pupils will know, understand and be able to do at the end of each year group and Key Stage.

We do not set formal examinations in PSHE and citizenship.

## **Monitoring and review**

The planning, monitoring and coordination of the teaching in PSHE are the responsibility of the PSHE subject leader, who also:

- supports colleagues in their teaching, by keeping informed about current developments in the subject, and by providing a contact point for leading and direction for PSHE;
- following a subject review on our 3 year cycle presents a report to governors.
- uses allocated time to review evidence of the children's work, assessment and, if possible, to observe PSHE lessons across the school.

We also teach Relationships and Sex Education – we have a separate policy for this.

This policy will be reviewed every three years.